

NFKthrive provides coaching to Norfolk residents to guide them as they advance their goals, whatever they may be, and position themselves toward greater self-sufficiency.

### With support from NFKthrive, participants may be able to:

- Pay off debt
- Buy a homeChange careers

- Plan for the future
- Start a savings account
  - Advance your education
  - Find financial freedom
- Make more money
  Reduce stress and anxiety

## **HOW IT WORKS:**

#### 1. Referral & Intake

After we receive your referral, you'll meet one-on-one with your mentor so they can assess your needs.

#### 2. Care Coordination

With support from your mentor, you will set and achieve goals and be referred to community resources.

#### 3. Closing the Loop

Your mentor will support you biweekly and you will receive incentives for each goal you accomplish.

## **ELIGIBILITY:**

- Meet the criteria of ALICE: Asset Limited, Income Constrained, Employed
- · Safely and stably housed
- 18 years of age and older
- · Resident of Norfolk, VA
- · Have a child enrolled in a Norfolk city school











# **NFKTHRIVE.ORG**

For more information, contact:

Enter contact information here... Joan Stokes, Dept Chair Northside School Counseling & **Guidance Department** 757-531-3150 x1113014